

Gosaikunda Heli Trek – Short Luxury Trek

Duration: 4 Days Days

Itinerary (Plan)

Day 1 Day 01: Arrival in Kathmandu

- **Time :** N/A
- **Max Altitude :** 1400m

Accommodation: Hotel / Teahouse

Meal: BLD

Your journey begins as you arrive at Tribhuvan International Airport, the main gateway to Nepal. Upon arrival, you'll be warmly welcomed and transferred to your hotel in Kathmandu. The city offers a vibrant mix of culture, history, and modern life, with ancient temples and bustling streets at every turn. Later, you'll meet your trekking team for a detailed briefing about the **Gosaikunda Heli Trek**, where you'll review the route, gear, and important preparations for the adventure ahead.

Day 2 Day 02: Drive to Dhunche & Trek to Sing Gompa

- **Time :** 6-7 hours
- **Max Altitude :** 3250m

Accommodation: Hotel / Teahouse

Meal: BLD

After an early breakfast, you begin a scenic drive from Kathmandu to Dhunche, the gateway to the Langtang region. The drive winds through hills, terraced farmlands, and small villages, offering glimpses of rural Nepal. From Dhunche, your trek begins as you enter the forests of Langtang National Park. The trail ascends through lush rhododendron and pine forests, accompanied by fresh mountain air and occasional wildlife sightings. As you climb higher, the views begin to open up, revealing the Langtang Himalayan range. You eventually reach Sing Gompa, a peaceful settlement known for its monastery and cheese factory, where you'll spend the night.

Day 3 Day 03: Trek from Sing Gompa to Gosaikunda Lake

- **Time** : 6-7 hours
- **Max Altitude** : 4380m

Accommodation: Hotel / Teahouse

Meal: BLD

Today's trek is the most dramatic and spiritually significant as you ascend toward Gosaikunda Lake. The trail gradually leaves the forest behind and enters alpine terrain with open ridges and panoramic Himalayan views. As you climb higher via Lauribina, the landscape becomes more rugged and sacred in atmosphere. Upon reaching Gosaikunda, you are greeted by a stunning high-altitude lake surrounded by mountains, deeply revered in Hindu tradition and especially important during Janai Purnima.

Day 4 Day 04: Exploration & Helicopter Return to Kathmandu

- **Time** : 2-3hrs
- **Max Altitude** : 4380m

Accommodation: Hotel / Teahouse

Meal: BLD

You begin the day with a peaceful exploration around Gosaikunda Lake, where the still waters reflect the surrounding peaks and create a serene Himalayan atmosphere. After spending time at this sacred site, you board a scenic helicopter flight back to Kathmandu. The flight offers breathtaking aerial views of Langtang National Park, alpine ridges, and deep valleys, giving a unique perspective of the route you trekked. Upon landing, you are transferred to your hotel or directly to Tribhuvan International Airport.

Cost Include

- Airport pick-up and drop-off in Kathmandu
- Accommodation in Kathmandu and during the trek (teahouses/lodges)
- Ground transportation (Kathmandu ? Dhunche)
- Professional trekking guide and support staff
- All required permits (Langtang National Park + TIMS)
- Meals during the trek (usually breakfast, lunch, dinner)
- Helicopter flight from Gosaikunda to Kathmandu
- Basic first aid support

Cost Exclude

- International airfare to/from Nepal
- Nepal visa fees

- Travel insurance (must cover high-altitude evacuation)
- Personal expenses (WiFi, hot showers, charging, snacks)
- Tips for guides and porters
- Alcoholic and bottled drinks
- Extra nights in Kathmandu due to delays or early arrival
- Personal trekking gear (unless rented)

