

Mardi Himal Base Camp Heli Trek

Duration: 5 days Days

Itinerary (Plan)

Day 1 Arrival in Kathmandu

- **Time :** na
- **Max Altitude :** 1,350 m

Accommodation: Hotel / Teahouse

Meal: BLD

You arrive at Tribhuvan International Airport, where your trekking team warmly welcomes you and transfers you to your hotel. After check-in, you have time to relax and recover from your journey. In the evening, you attend a comprehensive trek briefing covering route details, altitude awareness, weather conditions, and helicopter return logistics. Your guide will also assist with gear checks to ensure you are fully prepared for the trek. This day is essential for mental preparation and adjusting to the local environment before heading into the mountains.

Day 2 Fly Kathmandu ? Pokhara ? Trek to Forest Camp

- **Time :** 5-6 hours
- **Max Altitude :** 2,500 m

Accommodation: Hotel / Teahouse

Meal: BLD

You take a scenic flight to Pokhara, offering breathtaking views of the Annapurna and Dhaulagiri ranges. After landing, you drive to the trek starting point (such as Kande or Phedi), where your trek begins. The trail leads through dense rhododendron forests, moss-covered trees, and peaceful mountain paths. The environment feels serene and less crowded compared to other popular routes. Forest Camp is a quiet stop surrounded by lush greenery, offering a refreshing start to your trekking journey.

Day 3 Forest Camp ? High Camp

- **Time** : 5-6 hours
- **Max Altitude** : 3,580 m

Accommodation: Hotel / Teahouse

Meal: BLD

Today you ascend along a scenic ridge, gradually leaving the dense forest behind and entering alpine terrain. The trail opens up to stunning panoramic views of Machapuchare (Fishtail), Annapurna South, and Hiunchuli. As you climb higher, the landscape becomes more rugged and dramatic. High Camp offers breathtaking mountain views and a sense of being surrounded by towering peaks. The thinner air at this altitude makes the trek more challenging, requiring a steady and slow pace.

Day 4 High Camp ? Mardi Himal Base Camp ? Helicopter to Pokhara

- **Time** : 4-5 hours
- **Max Altitude** : 4,500 m

Accommodation: Hotel / Teahouse

Meal: BLD

You start early in the morning for a hike to Mardi Himal Base Camp, one of the most spectacular viewpoints in the Annapurna region. The trail follows a narrow ridge with dramatic drop-offs and panoramic Himalayan views. Reaching base camp, you are rewarded with close-up views of Machapuchare, Annapurna I, and surrounding peaks glowing in sunrise light. After spending time at the top, you descend back to High Camp. From there, you take a scenic helicopter flight to Pokhara, enjoying aerial views of the mountains and valleys. This helicopter return saves time and avoids a long descent.

Day 5 Fly Pokhara ? Kathmandu

- **Time** : 25-30 mins
- **Max Altitude** : 1,350 m

Accommodation: Hotel / Teahouse

Meal: BLD

After breakfast, you take a return flight to Kathmandu. Upon arrival, you transfer to your hotel or directly to the airport for your departure. This day allows time for relaxation or last-minute exploration in the city. The journey concludes with unforgettable memories of trekking and aerial views of the Himalayas. The combination of trekking and helicopter return makes this trip both efficient and luxurious.

Cost Include

- Airport pickup and drop-off at Tribhuvan International Airport with private vehicle transfer
- Domestic flights: Kathmandu ? Pokhara as per itinerary
- Private ground transportation from Pokhara to trekking starting point (Kande/Phedi or similar trailhead)
- Comfortable accommodation in Kathmandu, Pokhara, and tea houses/lodges during trekking
- Full-board meals (breakfast, lunch, dinner) during trekking days with hygienic Nepali and basic international options
- Licensed and experienced trekking guide and porter support (1 porter for 2 trekkers)
- All required trekking permits including Annapurna Conservation Area Permit (ACAP) and TIMS card
- Guided trekking through key points: Forest Camp, High Camp, and Mardi Himal Base Camp
- Acclimatization and safety support during high-altitude ascent to Mardi Himal Base Camp (4,500 m approx.)
- Scenic helicopter return from High Camp to Pokhara
- First aid kit, basic altitude monitoring, and emergency assistance support
- All government taxes, service charges, and logistics management

Cost Exclude

- International airfare to and from Nepal
- Nepal visa fees (available on arrival at Tribhuvan International Airport)
- Personal travel insurance (mandatory for high-altitude trekking and helicopter evacuation coverage)
- Personal expenses such as drinks, snacks, bottled water, Wi-Fi, hot showers, and charging fees
- Extra nights in Kathmandu or Pokhara due to weather delays or itinerary changes
- Personal trekking gear such as sleeping bags, jackets, trekking poles, and boots
- Tips for guide, porter, and helicopter crew (optional but customary)
- Emergency evacuation or rescue costs not covered by insurance
- Any services not mentioned in the itinerary